



11. Kristall-Marathon

Merkers / 12.02.2017

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TRICK-RÖMER, Stephanie

00: CRAZY RUNNERS TEAM FRANKENWALD

00: 134

00: 42.25 km

Marathon

0000:

Seniorinnen W40 (40-44 Jahre)

000: 4:43:58

00: 8.87 km/h

0000: 6:43 min/km

00000/0000: 97 (of 110)

00000/0: 7 (of 10)

000000: 3:41:35

00000: 1(of 1)

0000000: 4:43:58

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|----|----|------|-------|---------|--------|----|----|----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 19:03 | 5:51 | 1 | - | 7 | 4:06 | 3.25 | 19:03 | 5:51 | 1 | - | 7 | 4:06 |
| 00 2 | 3.25 | 20:14 | 6:13 | 1 | - | 8 | 4:17 | 6.50 | 39:17 | 6:02 | 1 | - | 8 | 8:23 |
| 00 3 | 3.25 | 20:08 | 6:11 | 1 | - | 8 | 3:42 | 9.75 | 59:25 | 6:05 | 1 | - | 8 | 12:05 |
| 00 4 | 3.25 | 20:42 | 6:22 | 1 | - | 8 | 4:17 | 13.00 | 1:20:07 | 6:09 | 1 | - | 8 | 15:42 |
| 00 5 | 3.25 | 21:05 | 6:29 | 1 | - | 8 | 4:30 | 16.25 | 1:41:12 | 6:13 | 1 | - | 8 | 19:26 |
| 00 6 | 3.25 | 20:57 | 6:26 | 1 | - | 8 | 4:10 | 19.50 | 2:02:09 | 6:15 | 1 | - | 8 | 22:19 |
| 00 7 | 3.25 | 21:16 | 6:32 | 1 | - | 6 | 4:26 | 22.75 | 2:23:25 | 6:18 | 1 | - | 7 | 26:45 |
| 00 8 | 3.25 | 22:21 | 6:52 | 1 | - | 7 | 5:21 | 26.00 | 2:45:46 | 6:22 | 1 | - | 7 | 32:06 |
| 00 9 | 3.25 | 23:43 | 7:17 | 1 | - | 7 | 6:45 | 29.25 | 3:09:29 | 6:28 | 1 | - | 7 | 38:34 |
| 00 10 | 3.25 | 23:37 | 7:15 | 1 | - | 7 | 6:19 | 32.50 | 3:33:06 | 6:33 | 1 | - | 7 | 44:53 |
| 00 11 | 3.25 | 23:31 | 7:14 | 1 | - | 7 | 6:07 | 35.75 | 3:56:37 | 6:37 | 1 | - | 7 | 51:00 |
| 00 12 | 3.25 | 24:00 | 7:23 | 1 | - | 7 | 5:48 | 39.00 | 4:20:37 | 6:40 | 1 | - | 7 | 56:48 |
| 000 00 | 3.25 | 23:21 | 7:11 | 1 | - | 7 | 5:51 | 42.25 | 4:43:58 | 6:43 | 1 | - | 7 | 1:02:23 |