



11. Kristall-Marathon

Merkers / 12.02.2017

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DILLING, Daniela

□□: Bad Freienwalde

□□: 26

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W55 (55-59 Jahre)

□□□: 5:07:50

□□: 8.19 km/h

□□□□: 7:17 min/km

□□□□□/□□□□: 102 (of 110)

□□□□□/□: 8 (of 10)

□□□□□□: 3:41:35

□□□□□: 1(of 1)

□□□□□□□: 5:07:50

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	3.25	21:09	6:30	1	-	10	6:12	3.25	21:09	6:30	1	-	10	6:12
□□ 2	3.25	22:13	6:50	1	-	10	6:16	6.50	43:22	6:40	1	-	10	12:28
□□ 3	3.25	22:51	7:01	1	-	10	6:25	9.75	1:06:13	6:47	1	-	10	18:53
□□ 4	3.25	23:00	7:04	1	-	10	6:35	13.00	1:29:13	6:51	1	-	10	24:48
□□ 5	3.25	23:38	7:16	1	-	10	7:03	16.25	1:52:51	6:56	1	-	10	31:05
□□ 6	3.25	24:01	7:23	1	-	10	7:14	19.50	2:16:52	7:01	1	-	10	37:02
□□ 7	3.25	24:04	7:24	1	-	9	7:14	22.75	2:40:56	7:04	1	-	9	44:16
□□ 8	3.25	24:18	7:28	1	-	9	7:18	26.00	3:05:14	7:07	1	-	9	51:34
□□ 9	3.25	24:42	7:35	1	-	8	7:44	29.25	3:29:56	7:10	1	-	9	59:01
□□ 10	3.25	24:44	7:36	1	-	8	7:26	32.50	3:54:40	7:13	1	-	9	1:06:27
□□ 11	3.25	24:36	7:34	1	-	8	7:12	35.75	4:19:16	7:15	1	-	8	1:13:39
□□ 12	3.25	24:28	7:31	1	-	8	6:16	39.00	4:43:44	7:16	1	-	8	1:19:55
□□□ □□	3.25	24:06	7:24	1	-	8	6:36	42.25	5:07:50	7:17	1	-	8	1:26:15