



11. Kristall-Marathon

Merkers / 12.02.2017

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BAUER, Schinobi

□□: Laufrausch Rudolstadt

□□: 5

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 5:09:17

□□: 8.15 km/h

□□□□: 7:19 min/km

□□□□□/□□□□: 104 (of 110)

□□□□□□/□: 96 (of 100)

□□□□□□: 2:42:44

□□□□□: 25(of 26)

□□□□□□□: 3:07:53

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:07	6:11	26	7:03	95	8:54	3.25	20:07	6:11	26	7:03	95	8:54	
□□ 2	3.25	20:57	6:26	25	7:23	97	9:14	6.50	41:04	6:19	26	14:26	98	18:08	
□□ 3	3.25	22:13	6:50	25	8:23	98	10:01	9.75	1:03:17	6:29	25	22:49	98	28:09	
□□ 4	3.25	22:20	6:52	25	8:13	98	9:48	13.00	1:25:37	6:35	25	31:02	98	37:57	
□□ 5	3.25	23:06	7:06	25	9:04	99	10:22	16.25	1:48:43	6:41	25	40:06	98	48:19	
□□ 6	3.25	22:36	6:57	25	8:30	96	9:50	19.50	2:11:19	6:44	25	48:36	97	57:59	
□□ 7	3.25	23:10	7:07	25	8:56	96	10:37	22.75	2:34:29	6:47	25	57:32	98	1:08:36	
□□ 8	3.25	24:21	7:29	25	9:54	95	11:37	26.00	2:58:50	6:52	25	1:07:26	96	1:20:13	
□□ 9	3.25	25:27	7:49	25	10:59	96	12:39	29.25	3:24:17	6:59	25	1:18:25	96	1:32:52	
□□ 10	3.25	25:20	7:47	23	10:21	93	12:25	32.50	3:49:37	7:03	25	1:28:46	96	1:45:17	
□□ 11	3.25	25:19	7:47	24	10:18	88	12:19	35.75	4:14:56	7:07	25	1:39:04	96	1:57:36	
□□ 12	3.25	26:15	8:04	25	10:23	92	13:30	39.00	4:41:11	7:12	25	1:49:27	96	2:11:06	
□□□ □□	3.25	28:06	8:38	25	11:57	92	15:27	42.25	5:09:17	7:19	25	2:01:24	96	2:26:33	