



# 11. Kristall-Marathon

Merkers / 12.02.2017

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**JASPER, Daniela**

□□: Lienen

□□: 60

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W35 (35-39 Jahre)

□□□: 5:12:05

□□: 8.12 km/h

□□□□: 7:23 min/km

□□□□□/□□□□: 105 (of 110)

□□□□□/□: 9 (of 10)

□□□□□□: 3:41:35

□□□□□: 1(of 1)

□□□□□□□: 5:12:05

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:53	6:25	1	-	9	5:56	3.25	20:53	6:25	1	-	9	5:56	
□□ 2	3.25	21:40	6:40	1	-	9	5:43	6.50	42:33	6:32	1	-	9	11:39	
□□ 3	3.25	21:41	6:40	1	-	9	5:15	9.75	1:04:14	6:35	1	-	9	16:54	
□□ 4	3.25	22:24	6:53	1	-	9	5:59	13.00	1:26:38	6:39	1	-	9	22:13	
□□ 5	3.25	22:54	7:02	1	-	9	6:19	16.25	1:49:32	6:44	1	-	9	27:46	
□□ 6	3.25	23:14	7:08	1	-	9	6:27	19.50	2:12:46	6:48	1	-	9	32:56	
□□ 7	3.25	23:26	7:12	1	-	8	6:36	22.75	2:36:12	6:51	1	-	8	39:32	
□□ 8	3.25	24:15	7:27	1	-	8	7:15	26.00	3:00:27	6:56	1	-	8	46:47	
□□ 9	3.25	25:37	7:52	1	-	9	8:39	29.25	3:26:04	7:02	1	-	8	55:09	
□□ 10	3.25	26:29	8:08	1	-	9	9:11	32.50	3:52:33	7:09	1	-	8	1:04:20	
□□ 11	3.25	26:59	8:18	1	-	9	9:35	35.75	4:19:32	7:15	1	-	9	1:13:55	
□□ 12	3.25	27:01	8:18	1	-	9	8:49	39.00	4:46:33	7:20	1	-	9	1:22:44	
□□□ □□	3.25	25:32	7:51	1	-	9	8:02	42.25	5:12:05	7:23	1	-	9	1:30:30	