



11. Kristall-Marathon

Merkers / 12.02.2017

□□□□

SCHULTZ, Martin

□□: Bern

□□: 125

□□: 42.25 km

Marathon

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 5:23:09

□□: 7.84 km/h

□□□□: 7:39 min/km

□□□□□/□□□: 106 (of 110)

□□□□□/□: 97 (of 100)

□□□□□□: 2:42:44

□□□□□: 17(of 19)

□□□□□□□: 3:09:18

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:21	6:15	19	7:43	99	9:08	3.25	20:21	6:15	19	7:43	99	9:08	
□□ 2	3.25	20:23	6:16	18	6:53	94	8:40	6.50	40:44	6:15	18	14:36	95	17:48	
□□ 3	3.25	20:39	6:21	18	7:11	95	8:27	9.75	1:01:23	6:17	18	21:47	94	26:15	
□□ 4	3.25	20:58	6:27	18	7:24	94	8:26	13.00	1:22:21	6:20	18	29:11	94	34:41	
□□ 5	3.25	22:57	7:03	18	8:57	96	10:13	16.25	1:45:18	6:28	18	38:08	96	44:54	
□□ 6	3.25	24:15	7:27	17	9:46	97	11:29	19.50	2:09:33	6:38	17	47:25	95	56:13	
□□ 7	3.25	24:25	7:30	18	10:08	98	11:52	22.75	2:33:58	6:46	17	57:33	95	1:08:05	
□□ 8	3.25	26:22	8:06	17	11:37	97	13:38	26.00	3:00:20	6:56	17	1:09:00	97	1:21:43	
□□ 9	3.25	28:29	8:45	18	13:40	98	15:41	29.25	3:28:49	7:08	17	1:21:16	97	1:37:24	
□□ 10	3.25	28:46	8:51	17	13:41	97	15:51	32.50	3:57:35	7:18	17	1:34:01	97	1:53:15	
□□ 11	3.25	30:06	9:15	17	15:00	97	17:06	35.75	4:27:41	7:29	17	1:48:44	97	2:10:21	
□□ 12	3.25	26:59	8:18	16	11:42	94	14:14	39.00	4:54:40	7:33	17	2:00:15	97	2:24:35	
□□□ □□	3.25	28:29	8:45	17	14:20	95	15:50	42.25	5:23:09	7:38	17	2:13:51	97	2:40:25	