



11. Kristall-Marathon

Merkers / 12.02.2017

□□□□

ZAGERMANN, Tino

□□: Zollikofen

□□: 148

□□: 42.25 km

Marathon

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 5:23:09

□□: 7.80 km/h

□□□□: 7:39 min/km

□□□□□/□□□: 107 (of 110)

□□□□□/□: 97 (of 100)

□□□□□□: 2:42:44

□□□□□: 17(of 19)

□□□□□□□: 3:09:18

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:20	6:15	18	7:42	98	9:07	3.25	20:20	6:15	18	7:42	98	9:07	
□□ 2	3.25	20:24	6:16	19	6:54	95	8:41	6.50	40:44	6:15	18	14:36	95	17:48	
□□ 3	3.25	20:39	6:21	18	7:11	95	8:27	9.75	1:01:23	6:17	18	21:47	94	26:15	
□□ 4	3.25	20:58	6:27	18	7:24	94	8:26	13.00	1:22:21	6:20	18	29:11	94	34:41	
□□ 5	3.25	22:57	7:03	18	8:57	96	10:13	16.25	1:45:18	6:28	18	38:08	96	44:54	
□□ 6	3.25	24:16	7:28	18	9:47	98	11:30	19.50	2:09:34	6:38	18	47:26	96	56:14	
□□ 7	3.25	24:24	7:30	17	10:07	97	11:51	22.75	2:33:58	6:46	17	57:33	95	1:08:05	
□□ 8	3.25	26:23	8:07	18	11:38	98	13:39	26.00	3:00:21	6:56	18	1:09:01	98	1:21:44	
□□ 9	3.25	28:28	8:45	17	13:39	97	15:40	29.25	3:28:49	7:08	17	1:21:16	97	1:37:24	
□□ 10	3.25	28:46	8:51	17	13:41	97	15:51	32.50	3:57:35	7:18	17	1:34:01	97	1:53:15	
□□ 11	3.25	30:07	9:16	18	15:01	98	17:07	35.75	4:27:42	7:29	18	1:48:45	98	2:10:22	
□□ 12	3.25	26:59	8:18	16	11:42	94	14:14	39.00	4:54:41	7:33	18	2:00:16	98	2:24:36	
□□□ □□	3.25	28:28	8:45	16	14:19	94	15:49	42.25	5:23:09	7:38	17	2:13:51	97	2:40:25	