



11. Kristall-Marathon

Merkers / 12.02.2017

0000

KEßLER, Claudia

00: Laufjunkies

00: 247

00: 9.75 km

10 km Lauf

0000:

Seniorinnen W35 (35-39 Jahre)

000: 50:25

00: 10.71 km/h

0000: 5:10 min/km

00000/000: 42 (of 166)

00000/0: 8 (of 72)

000000: 42:41

00000: 3(of 9)

0000000: 45:39

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|------|----|------|------|-------|--------|----|------|----|------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 16:35 | 5:06 | 3 | 2:49 | 7 | 2:58 | 3.25 | 16:35 | 5:06 | 3 | 2:49 | 7 | 2:58 |
| 00 2 | 3.25 | 17:08 | 5:16 | 4 | 1:17 | 9 | 2:38 | 6.50 | 33:43 | 5:11 | 4 | 4:06 | 8 | 5:36 |
| 000 00 | 3.25 | 16:42 | 5:08 | 2 | 0:40 | 6 | 2:08 | 9.75 | 50:25 | 5:10 | 3 | 4:46 | 8 | 7:44 |