



11. Kristall-Marathon

Merkers / 12.02.2017

0000

KEßLER, Claudia

00: Laufjunkies

00: 247

00: 9.75 km

10 km Lauf

0000:

Seniorinnen W35 (35-39 Jahre)

000: 50:25

00: 10.71 km/h

0000: 5:10 min/km

00000/000: 42 (of 166)

00000/0: 8 (of 72)

000000: 42:41

00000: 3(of 9)

0000000: 45:39

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:35	5:06	3	2:49	7	2:58	3.25	16:35	5:06	3	2:49	7	2:58
00 2	3.25	17:08	5:16	4	1:17	9	2:38	6.50	33:43	5:11	4	4:06	8	5:36
000 00	3.25	16:42	5:08	2	0:40	6	2:08	9.75	50:25	5:10	3	4:46	8	7:44