



11. Kristall-Marathon

Merkers / 12.02.2017

0000

WESTHÄUSER, Horst

00: SV-EK Veilsdorf

00: 583

00: 9.75 km

10 km Lauf

0000:

Senioren M55 (55-59 Jahre)

000: 40:22

00: 13.38 km/h

0000: 4:08 min/km

00000/000: 8 (of 166)

00000/0: 8 (of 94)

000000: 36:01

00000: 1(of 12)

0000000: 40:22

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	12:56	3:58	1	-	10	1:05	3.25	12:56	3:58	1	-	10	1:05
00 2	3.25	13:37	4:11	1	-	7	1:28	6.50	26:33	4:05	1	-	7	2:18
000 00	3.25	13:49	4:15	1	-	8	2:03	9.75	40:22	4:08	1	-	8	4:21