

HAERTEL, Patrick

 $\square\square$: Erfurt

□□: 1106

□□: 16.78 km

EXPERT

Senioren M40 (40-44 Jahre)

□□□: 3:05:08

□□: 5.19 km/h

□□□: 11:02 min/km

______ 398 (of 416)

____/_: 325 (of 341)

____: 1:17:13

□□□□: 40(of 40)

____: 1:27:30

	km		min/km	-	-			km		min/km	-	-		
Wachsenburg	7.40	1:09:16	9:21	39	32:53	319	36:59	7.40	1:09:16	9:21	39	32:53	319	36:59
Mühlburg	8.57	1:32:08	10:45	39	49:00	318	54:24	15.97	2:41:24	10:06	39	1:21:53	323	1:31:21
Sportplatz Mühlb	0.81	23:44	29:18	40	15:45	334	16:34	16.78	3:05:08	11:01	40	1:37:38	329	1:47:55