

HAASE, Marcus

□□: Löbau
□□: 2081

□□: 26.71 km BERSERKER

Senioren M30 (30-34 Jahre)

□□□: 3:10:15

□□: 8.20 km/h

□□□□: 7:07 min/km

_____: 51 (of 205)

____/_: 48 (of 189)

□□□□□□: 2:16:04

□□□□: 11(of 45)

0000000: 2:16:04

	km		min/km	-	-			km		min/km	-	-		
Wachsenburg	7.40	51:29	6:57	22	14:35	79	16:03	7.40	51:29	6:57	22	14:35	79	16:03
Burg Gleichen	8.53	58:53	6:54	14	14:50	55	16:20	15.93	1:50:22	6:55	18	29:12	67	32:23
Mühlburg	9.97	1:06:13	6:38	8	19:44	37	19:44	25.90	2:56:35	6:49	12	48:56	54	1:05:37
Sportplatz Mühlb	0.81	13:40	16:52	13	5:51	68	5:51	26.71	3:10:15	7:07	12	54:11	56	1:07:00