



LEGEND OF CROSS  
Mühlberg / 05.11.2017

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GRIEßBACH, Fabian

□□: Rudolstadt  
□□: 2075

□□: 26.71 km  
BERSERKER

□□□□:  
Senioren M30 (30-34 Jahre)

□□□: 3:21:09

□□: 7.97 km/h  
□□□□: 7:32 min/km

□□□□□/□□□: 72 (of 205)

□□□□□/□: 69 (of 189)

□□□□□□: 2:16:04

□□□□□: 18(of 45)

□□□□□□□: 2:16:04

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| □□□              | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|------------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Wachsenburg      | 7.40     | 50:19    | 6:47         | 20      | 13:25   | 71      | 14:53   | 7.40  | 50:19     | 6:47      | 20            | 13:25   | 71      | 14:53   |         |
| Burg Gleichen    | 8.53     | 1:00:21  | 7:04         | 18      | 16:18   | 70      | 17:48   | 15.93 | 1:50:40   | 6:56      | 20            | 29:30   | 70      | 32:41   |         |
| Mühlburg         | 9.97     | 1:15:59  | 7:37         | 18      | 29:30   | 74      | 29:30   | 25.90 | 3:06:39   | 7:12      | 19            | 59:00   | 76      | 1:15:41 |         |
| Sportplatz Mühlb | 0.81     | 14:30    | 17:54        | 16      | 6:41    | 75      | 6:41    | 26.71 | 3:21:09   | 7:31      | 21            | 1:05:05 | 79      | 1:17:54 |         |