



OBENHAUS, Stefan

□□: Krauthausen

□□: 2168

□□: 26.71 km BERSERKER

Senioren M40 (40-44 Jahre)

□□□: 3:45:13

□□: 6.93 km/h

□□□□: 8:26 min/km

_____: 132 (of 205)

______: 123 (of 189)

□□□□□□: 2:16:04

□□□□: 18(of 25)

____: 2:29:38

	km		min/km	-	-			km		min/km	-	-		
Wachsenburg	7.40	55:53	7:33	19	19:06	122	20:27	7.40	55:53	7:33	19	19:06	122	20:27
Burg Gleichen	8.53	1:07:52	7:57	18	23:57	134	25:19	15.93	2:03:45	7:46	18	43:03	128	45:46
Mühlburg	9.97	1:24:35	8:29	19	28:34	126	38:06	25.90	3:28:20	8:02	21	1:34:41	132	1:37:22
Sportplatz Mühlb	0.81	16:53	20:50	18	7:31	126	9:04	26.71	3:45:13	8:25	21	1:39:53	133	1:41:58