

SCHMIDT, Tomasz

□□: Erfurt
□□: 560

□□: 9.50 km SPRINT

Senioren M40 (40-44 Jahre)

□□□: 1:17:25

□□: 6.98 km/h

□□□: 8:09 min/km

_____: 199 (of 673)

______: 163 (of 411)

____: 43:20

□□□□: 24(of 54)

_____: 52:18

	km		min/km	-	-			km		min/km	-	-		
Mühlburg	8.69	1:05:04	7:29	23	20:42	165	27:55	8.69	1:05:04	7:29	23	20:42	165	27:55
Sportplatz Mühlb	0.81	12:21	15:14	23	4:25	163	6:10	9.50	1:17:25	8:08	24	25:07	163	34:05