

FAHNERT, Axel

□ : Sontra
□ : 1061

□□: 16.78 km

EXPERT

Senioren M45 (45-49 Jahre)

□□□: 2:25:48

□□: 6.58 km/h

□□□□: 8:41 min/km

______: 237 (of 416)

_______: 213 (of 341)

____: 1:17:13

□□□□: 26(of 35)

0000000: 1:49:11

	km		min/km	-	-			km		min/km	-	-		
Wachsenburg	7.40	57:09	7:43	23	11:54	195	24:52	7.40	57:09	7:43	23	11:54	195	24:52
Mühlburg	8.57	1:13:39	8:35	26	19:39	219	35:55	15.97	2:10:48	8:11	26	31:33	213	1:00:45
Sportplatz Mühlb	0.81	15:00	18:31	27	5:20	226	7:50	16.78	2:25:48	8:41	26	36:37	216	1:08:35