



SCHIKORA, Nicole

□□: Niederwürschnitz

□□: 539

□□: 9.50 km

SPRINT

Seniorinnen W40 (40-44 Jahre)

□□□: 1:36:45

□□: 5.58 km/h

□□□: 10:11 min/km

______ 484 (of 673)

_______: 154 (of 262)

[][][]: 59:03

□□□□: 14(of 26)

____: 1:00:03

	km		min/km	-	-			km		min/km	-	-		
Mühlburg	8.69	1:20:03	9:12	14	29:44	162	30:30	8.69	1:20:03	9:12	14	29:44	162	30:30
Sportplatz Mühlb	0.81	16:42	20:37	14	6:58	147	7:12	9.50	1:36:45	10:11	14	36:42	154	37:42