



SCHöNFELD, Jana

□□: Erfurt
□□: 1360

□□: 16.78 km

EXPERT

Seniorinnen W30 (30-34 Jahre)

□□□: 2:32:05

□□: 6.31 km/h

□□□: 9:04 min/km

______: 271 (of 416)

____/_: 29 (of 75)

____: 1:47:42

□□□□: 10(of 16)

| 1:50:46

	km		min/km	-	-			km		min/km	-	-		
Wachsenburg	7.40	1:00:36	8:11	9	14:10	29	15:25	7.40	1:00:36	8:11	9	14:10	29	15:25
Mühlburg	8.57	1:15:20	8:47	10	20:35	32	22:21	15.97	2:15:56	8:30	9	34:45	28	37:46
Sportplatz Mühlb	0.81	16:09	19:56	10	6:34	37	6:45	16.78	2:32:05	9:03	10	41:19	29	44:23