



GOTTSCHALL, Thilo

 $\square\square$ : Duderstadt

□□: 177

□□: 9.50 km

**SPRINT** 

Senioren M30 (30-34 Jahre)

□□□: 1:41:56

□□: 5.30 km/h

□□□: 10:44 min/km

\_\_\_\_\_\_: 550 (of 673)

\_\_\_\_/\_: 357 (of 411)

\_\_\_\_: 43:20

□□□□: 78(of 89)

\_\_\_\_: 49:40

	km		min/km	-	-			ŀ	km		min/km	-	-		
Mühlburg	8.69	1:24:11	9:41	79	42:26	361	47:02	8	.69	1:24:11	9:41	79	42:26	361	47:02
Sportplatz Mühlb	0.81	17:45	21:54	76	9:53	344	11:34	9	.50	1:41:56	10:43	78	52:16	357	58:36