

BAUER, Schinobi

□□: Niederzimmern

□□: 1011

□□: 16.78 km

EXPERT

Senioren M45 (45-49 Jahre)

□□□: 2:42:18

□□: 5.91 km/h

□□□: 9:40 min/km

_____: 323 (of 416)

_______: 274 (of 341)

____: 1:17:13

□□□□: 33(of 35)

0000000: 1:49:11

	km		min/km	-	-			km		min/km	-	-		
Wachsenburg	7.40	1:01:52	8:21	33	16:37	271	29:35	7.40	1:01:52	8:21	33	16:37	271	29:35
Mühlburg	8.57	1:21:16	9:28	32	27:16	275	43:32	15.97	2:23:08	8:57	32	43:53	270	1:13:05
Sportplatz Mühlb	0.81	19:10	23:39	34	9:30	301	12:00	16.78	2:42:18	9:40	33	53:07	277	1:25:05