



LEGEND OF CROSS
Mühlberg / 05.11.2017

0000

VOLK, Stefanie

00: Meiningen

00: 1407

00: 16.78 km

EXPERT

0000:

Seniorinnen W40 (40-44 Jahre)

000: 2:44:55

00: 6.10 km/h

0000: 9:50 min/km

00000/000: 329 (of 416)

00000/0: 51 (of 75)

000000: 1:47:42

00000: 8(of 12)

0000000: 1:51:08

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|------------------|------|---------|--------|----|-------|----|-------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Wachsenburg | 7.40 | 1:06:11 | 8:56 | 7 | 20:45 | 56 | 21:00 | 7.40 | 1:06:11 | 8:56 | 7 | 20:45 | 56 | 21:00 |
| Mühlburg | 8.57 | 1:21:10 | 9:28 | 8 | 24:52 | 49 | 28:11 | 15.97 | 2:27:21 | 9:13 | 8 | 45:37 | 55 | 49:11 |
| Sportplatz Mühlb | 0.81 | 17:34 | 21:41 | 9 | 8:10 | 53 | 8:10 | 16.78 | 2:44:55 | 9:49 | 8 | 53:47 | 51 | 57:13 |