



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

□□□□

Andris Gailis

□□: Auseklis IK

□□: 350

□□: 20.10 km

Sporta distance

□□□□:

V1-Sporta distance

□□□: 1:17:48

□□: 15.50 km/h

□□□□: 3.87 min/km

□□□□□/□□□: 4 (of 157)

□□□□□/□: 4 (of 117)

□□□□□□: 1:13:37

□□□□□: 4(of 31)

□□□□□□□: 1:13:37

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| □□□    | □□<br>km | □□<br>□□ min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ min/km | □□□<br>- | □□<br>- | □□<br>□ | □□<br>□ |   |      |
|--------|----------|-----------------|---------|---------|---------|---------|-----------|------------------|----------|---------|---------|---------|---|------|
| 1      | -        | 8:35            | -       | 4       | 0:21    | 5       | 0:21      | -                | 8:35     | -       | 4       | 0:21    | 5 | 0:21 |
| 2      | -        | 12:49           | -       | 4       | 0:40    | 5       | 0:40      | -                | 21:24    | -       | 4       | 0:59    | 4 | 0:59 |
| 3      | -        | 3:03            | -       | 4       | 0:11    | 5       | 0:11      | -                | 24:27    | -       | 4       | 1:10    | 5 | 1:10 |
| 4      | -        | 9:00            | -       | 4       | 0:22    | 4       | 0:22      | -                | 33:27    | -       | 4       | 1:30    | 4 | 1:30 |
| 5      | -        | 5:03            | -       | 4       | 0:14    | 4       | 0:14      | -                | 38:30    | -       | 4       | 1:44    | 4 | 1:44 |
| 1      | -        | 8:29            | -       | 4       | 0:39    | 5       | 0:39      | -                | 46:59    | -       | 4       | 2:23    | 4 | 2:23 |
| 2      | -        | 13:29           | -       | 4       | 1:09    | 5       | 1:09      | -                | 1:00:28  | -       | 4       | 3:32    | 5 | 3:32 |
| 3      | -        | 3:09            | -       | 5       | 0:13    | 6       | 0:13      | -                | 1:03:37  | -       | 4       | 3:45    | 5 | 3:45 |
| 4      | -        | 9:08            | -       | 4       | 0:30    | 4       | 0:30      | -                | 1:12:45  | -       | 4       | 4:15    | 5 | 4:15 |
| Finish | -        | 5:03            | -       | 2       | 0:02    | 2       | 0:02      | 20.10            | 1:17:48  | -       | 4       | 4:11    | 4 | 4:11 |