



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

□□□□

Uldis Katlaps

□□: OK Meridiāns

□□: 354

□□: 20.10 km

Sporta distance

□□□□:

V1-Sporta distance

□□□: 1:25:37

□□: 14.09 km/h

□□□□: 4.26 min/km

□□□□□/□□□: 15 (of 157)

□□□□□/□: 15 (of 117)

□□□□□□: 1:13:37

□□□□□: 7(of 31)

□□□□□□□: 1:13:37

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□ min/km	□□□ -	□□ -	□□ □	□□ □		
1	-	9:18	-	8	1:04	18	1:04	-	9:18	-	8	1:04	18	1:04
2	-	14:04	-	6	1:55	11	1:55	-	23:22	-	7	2:57	12	2:57
3	-	3:15	-	6	0:23	8	0:23	-	26:37	-	7	3:20	12	3:20
4	-	9:59	-	7	1:21	15	1:21	-	36:36	-	7	4:39	12	4:39
5	-	5:38	-	8	0:49	14	0:49	-	42:14	-	7	5:28	12	5:28
1	-	9:28	-	8	1:38	15	1:38	-	51:42	-	7	7:06	13	7:06
2	-	14:41	-	6	2:21	14	2:21	-	1:06:23	-	7	9:27	13	9:27
3	-	3:20	-	6	0:24	12	0:24	-	1:09:43	-	7	9:51	14	9:51
4	-	10:04	-	7	1:26	14	1:26	-	1:19:47	-	7	11:17	15	11:17
Finish	-	5:50	-	9	0:49	19	0:49	20.10	1:25:37	-	7	12:00	15	12:00