



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

0000

Nauris Aukmanis

00: ASK PATRIA SPORTLAND

00: 342

00: 20.10 km

Sporta distance

0000:

V1-Sporta distance

000: 1:27:38

00: 13.76 km/h

0000: 4.36 min/km

00000/0000: 17 (of 157)

00000/0: 17 (of 117)

000000: 1:13:37

00000: 9(of 31)

0000000: 1:13:37

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
1	-	9:09	-	7	0:55	12	0:55	-	9:09	-	7	0:55	12	0:55
2	-	14:34	-	10	2:25	19	2:25	-	23:43	-	9	3:18	18	3:18
3	-	3:40	-	11	0:48	25	0:48	-	27:23	-	9	4:06	18	4:06
4	-	10:29	-	10	1:51	18	1:51	-	37:52	-	10	5:55	18	5:55
5	-	5:48	-	10	0:59	18	0:59	-	43:40	-	10	6:54	19	6:54
1	-	9:38	-	10	1:48	19	1:48	-	53:18	-	10	8:42	19	8:42
2	-	14:58	-	10	2:38	18	2:38	-	1:08:16	-	9	11:20	18	11:20
3	-	3:31	-	8	0:35	16	0:35	-	1:11:47	-	9	11:55	18	11:55
4	-	10:01	-	6	1:23	13	1:23	-	1:21:48	-	9	13:18	17	13:18
Finish	-	5:50	-	9	0:49	19	0:49	20.10	1:27:38	-	9	14:01	17	14:01