



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

0000

Toms Biders

00: Legs Miserables

00: 344

00: 20.10 km

Sporta distance

0000:

V1-Sporta distance

000: 1:43:51

00: 11.56 km/h

0000: 5.17 min/km

00000/000: 57 (of 157)

00000/0: 51 (of 117)

000000: 1:13:37

00000: 16(of 31)

0000000: 1:13:37

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
1	-	11:53	-	19	3:39	55	3:39	-	11:53	-	19	3:39	55	3:39
2	-	17:10	-	19	5:01	54	5:01	-	29:03	-	19	8:38	56	8:38
3	-	4:31	-	22	1:39	74	1:39	-	33:34	-	19	10:17	56	10:17
4	-	11:50	-	17	3:12	45	3:12	-	45:24	-	19	13:27	56	13:27
5	-	6:40	-	18	1:51	49	1:51	-	52:04	-	19	15:18	54	15:18
1	-	11:07	-	15	3:17	44	3:17	-	1:03:11	-	18	18:35	52	18:35
2	-	17:37	-	17	5:17	52	5:17	-	1:20:48	-	17	23:52	54	23:52
3	-	4:12	-	18	1:16	58	1:16	-	1:25:00	-	17	25:08	54	25:08
4	-	12:05	-	17	3:27	48	3:27	-	1:37:05	-	16	28:35	51	28:35
Finish	-	6:46	-	17	1:45	52	1:45	20.10	1:43:51	-	16	30:14	51	30:14