



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

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Gundars Kokarevičs

□□□: 1:45:02

□□: 355

□□: 11.48 km/h

□□□□: 5.23 min/km

□□: 20.10 km

□□□□□/□□□: 63 (of 157)

Sporta distance

□□□□□/□: 56 (of 117)

□□□□□□: 1:13:37

□□□□:

□□□□□: 18(of 31)

V1-Sporta distance

□□□□□□□: 1:13:37

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□ min/km	□□□ -	□□ -	□□ □	□□ □		
1	-	11:11	-	17	2:57	42	2:57	-	11:11	-	32	2:57	118	2:57
2	-	16:10	-	15	4:01	36	4:01	-	27:21	-	32	6:56	118	6:56
3	-	3:55	-	16	1:03	37	1:03	-	31:16	-	32	7:59	118	7:59
4	-	11:22	-	13	2:44	30	2:44	-	42:38	-	32	10:41	117	10:41
5	-	6:25	-	14	1:36	35	1:36	-	49:03	-	32	12:17	116	12:17
1	-	12:14	-	23	4:24	72	4:24	-	1:01:17	-	32	16:41	117	16:41
2	-	19:37	-	25	7:17	86	7:17	-	1:20:54	-	32	23:58	117	23:58
3	-	4:31	-	23	1:35	77	1:35	-	1:25:25	-	32	25:33	117	25:33
4	-	12:33	-	21	3:55	70	3:55	-	1:37:58	-	32	29:28	117	29:28
Finish	-	7:04	-	22	2:03	69	2:03	20.10	1:45:02	-	18	31:25	56	31:25