



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

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Edgars Bergs

□□: VSK Noskrien

□□: 343

□□: 20.10 km

Sporta distance

□□□□:

V1-Sporta distance

□□□: 2:10:47

□□: 9.18 km/h

□□□□: 6.51 min/km

□□□□□/□□□: 135 (of 157)

□□□□□/□: 106 (of 117)

□□□□□□: 1:13:37

□□□□□: 30(of 31)

□□□□□□□: 1:13:37

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1	-	16:11	-	31	7:57	116	7:57	-	16:11	-	31	7:57	116	7:57
2	-	20:36	-	31	8:27	106	8:27	-	36:47	-	31	16:22	114	16:22
3	-	5:08	-	31	2:16	111	2:16	-	41:55	-	31	18:38	114	18:38
4	-	14:27	-	30	5:49	100	5:49	-	56:22	-	31	24:25	113	24:25
5	-	8:08	-	31	3:19	102	3:19	-	1:04:30	-	31	27:44	111	27:44
1	-	14:54	-	29	7:04	104	7:04	-	1:19:24	-	31	34:48	110	34:48
2	-	21:19	-	28	8:59	99	8:59	-	1:40:43	-	30	43:47	108	43:47
3	-	5:50	-	30	2:54	110	2:54	-	1:46:33	-	30	46:41	107	46:41
4	-	15:46	-	30	7:08	105	7:08	-	2:02:19	-	30	53:49	106	53:49
Finish	-	8:28	-	29	3:27	101	3:27	20.10	2:10:47	-	30	57:10	106	57:10