



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

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Normunds Kronbergs

□□: Tukums

□□: 357

□□: 20.10 km

Sporta distance

□□□□:

V1-Sporta distance

□□□: 2:21:47

□□: 8.51 km/h

□□□□: 7.05 min/km

□□□□□/□□□: 144 (of 157)

□□□□□/□: 109 (of 117)

□□□□□□: 1:13:37

□□□□□: 31(of 31)

□□□□□□□: 1:13:37

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □		
1	-	13:48	-	25	5:34	84	5:34	-	13:48	-	25	5:34	84	5:34
2	-	18:53	-	24	6:44	83	6:44	-	32:41	-	24	12:16	83	12:16
3	-	5:01	-	30	2:09	107	2:09	-	37:42	-	24	14:25	83	14:25
4	-	14:07	-	28	5:29	95	5:29	-	51:49	-	24	19:52	82	19:52
5	-	7:45	-	29	2:56	91	2:56	-	59:34	-	25	22:48	83	22:48
1	-	17:15	-	31	9:25	115	9:25	-	1:16:49	-	29	32:13	102	32:13
2	-	27:05	-	31	14:45	116	14:45	-	1:43:54	-	31	46:58	112	46:58
3	-	6:25	-	31	3:29	114	3:29	-	1:50:19	-	31	50:27	112	50:27
4	-	20:29	-	31	11:51	111	11:51	-	2:10:48	-	31	1:02:18	109	1:02:18
Finish	-	10:59	-	31	5:58	114	5:58	20.10	2:21:47	-	31	1:08:10	109	1:08:10