



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

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Evija Melberga

□□: VSK Noskrien / SK Dzērvene

□□: 21

□□: 10.00 km

Tautas distance

□□□□:

S1-Tautas distance

□□□: 53:33

□□: 11.20 km/h

□□□□: 5.36 min/km

□□□□□/□□□□: 89 (of 256)

□□□□□/□: 15 (of 116)

□□□□□□: 42:28

□□□□□: 9(of 42)

□□□□□□□: 42:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
1	-	10:59	-	7	2:12	9	2:12	-	10:59	-	7	2:12	9	2:12
2	-	18:25	-	10	3:57	17	3:57	-	29:24	-	8	6:09	14	6:09
3	-	4:07	-	9	0:34	13	0:34	-	33:31	-	8	6:43	14	6:43
4	-	12:53	-	12	2:42	19	2:42	-	46:24	-	9	9:25	15	9:25
Finish	-	7:09	-	11	1:40	18	1:40	10.00	53:33	-	9	11:05	15	11:05