



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

0000

Helmut's Rasa

00: SPORTLAND

00: 148

00: 10.00 km

Tautas distance

0000:

V1-Tautas distance

000: 48:21

00: 12.41 km/h

0000: 4.84 min/km

00000/000: 47 (of 256)

00000/0: 43 (of 140)

000000: 37:16

00000: 19(of 54)

0000000: 37:55

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
1	-	11:13	-	28	3:18	62	3:18	-	11:13	-	28	3:18	62	3:18
2	-	16:16	-	22	3:34	46	3:34	-	27:29	-	23	6:45	50	6:45
3	-	3:55	-	23	0:47	47	0:47	-	31:24	-	23	7:27	50	7:28
4	-	11:10	-	19	2:08	41	2:22	-	42:34	-	20	9:35	45	9:50
Finish	-	5:47	-	10	0:51	21	1:15	10.00	48:21	-	19	10:26	43	11:05