



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

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Gatis Štulbergs

□□: Maratona klubs/RIEKSTI

□□: 159

□□: 10.00 km

Tautas distance

□□□□:

V1-Tautas distance

□□□: 49:15

□□: 12.18 km/h

□□□□: 4.93 min/km

□□□□□/□□□: 51 (of 256)

□□□□□/□: 46 (of 140)

□□□□□□: 37:16

□□□□□: 21(of 54)

□□□□□□□: 37:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
1	-	11:54	-	34	3:59	76	3:59	-	11:54	-	34	3:59	76	3:59
2	-	16:23	-	23	3:41	48	3:41	-	28:17	-	29	7:33	60	7:33
3	-	3:48	-	19	0:40	39	0:40	-	32:05	-	27	8:08	57	8:09
4	-	11:06	-	18	2:04	40	2:18	-	43:11	-	23	10:12	50	10:27
Finish	-	6:04	-	18	1:08	36	1:32	10.00	49:15	-	21	11:20	46	11:59