



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

0000

Kaspars Adijāns

00: Vichy

00: 372

00: 20.10 km

Sporta distance

0000:

V2-Sporta distance

000: 1:32:21

00: 12.99 km/h

0000: 4.59 min/km

00000/000: 21 (of 157)

00000/0: 21 (of 117)

000000: 1:13:37

00000: 10(of 55)

0000000: 1:17:50

0000

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
1	-	9:11	-	6	0:37	13	0:57	-	9:11	-	6	0:37	13	0:57
2	-	14:41	-	10	1:55	20	2:32	-	23:52	-	10	2:28	19	3:27
3	-	3:33	-	10	0:33	19	0:41	-	27:25	-	10	3:01	19	4:08
4	-	10:29	-	9	1:24	18	1:51	-	37:54	-	9	4:25	19	5:57
5	-	6:04	-	10	1:01	21	1:15	-	43:58	-	10	5:26	20	7:12
1	-	10:05	-	12	1:37	23	2:15	-	54:03	-	10	7:03	20	9:27
2	-	16:02	-	14	2:51	28	3:42	-	1:10:05	-	10	9:54	20	13:09
3	-	3:48	-	17	0:42	31	0:52	-	1:13:53	-	10	10:36	20	14:01
4	-	12:13	-	30	2:51	56	3:35	-	1:26:06	-	10	13:27	21	17:36
Finish	-	6:15	-	15	1:04	31	1:14	20.10	1:32:21	-	10	14:31	21	18:44