



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

0000

Aldis Bušs

00: SK Tērauds/Suunto -2
00: 379

00: 20.10 km
Sporta distance

0000:
V2-Sporta distance

000: 1:39:17

00: 12.15 km/h
0000: 4.94 min/km

00000/000: 40 (of 157)

00000/0: 35 (of 117)

000000: 1:13:37

00000: 20(of 55)

0000000: 1:17:50

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
1	-	11:08	-	23	2:34	41	2:54	-	11:08	-	23	2:34	41	2:54
2	-	16:37	-	25	3:51	45	4:28	-	27:45	-	23	6:21	41	7:20
3	-	3:50	-	18	0:50	32	0:58	-	31:35	-	22	7:11	40	8:18
4	-	11:25	-	17	2:20	32	2:47	-	43:00	-	19	9:31	37	11:03
5	-	6:41	-	28	1:38	50	1:52	-	49:41	-	20	11:09	38	12:55
1	-	10:55	-	23	2:27	41	3:05	-	1:00:36	-	21	13:36	38	16:00
2	-	16:56	-	24	3:45	41	4:36	-	1:17:32	-	22	17:21	38	20:36
3	-	3:56	-	19	0:50	35	1:00	-	1:21:28	-	22	18:11	38	21:36
4	-	11:25	-	19	2:03	34	2:47	-	1:32:53	-	20	20:14	35	24:23
Finish	-	6:24	-	20	1:13	37	1:23	20.10	1:39:17	-	20	21:27	35	25:40