



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

0000

Raitis Jirgensons

000: 1:39:48

00: 390

00: 12.02 km/h

0000: 4.97 min/km

00: 20.10 km

00000/000: 43 (of 157)

Sporta distance

00000/0: 38 (of 117)

0000:

00000: 1:13:37

V2-Sporta distance

00000: 22(of 55)

0000000: 1:17:50

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
1	-	12:23	-	32	3:49	65	4:09	-	12:23	-	32	3:49	65	4:09
2	-	16:55	-	27	4:09	51	4:46	-	29:18	-	31	7:54	57	8:53
3	-	4:17	-	34	1:17	59	1:25	-	33:35	-	31	9:11	57	10:18
4	-	11:42	-	22	2:37	40	3:04	-	45:17	-	30	11:48	53	13:20
5	-	6:36	-	22	1:33	41	1:47	-	51:53	-	30	13:21	53	15:07
1	-	10:35	-	18	2:07	32	2:45	-	1:02:28	-	27	15:28	48	17:52
2	-	16:07	-	15	2:56	29	3:47	-	1:18:35	-	25	18:24	42	21:39
3	-	3:51	-	18	0:45	33	0:55	-	1:22:26	-	25	19:09	42	22:34
4	-	11:08	-	15	1:46	28	2:30	-	1:33:34	-	23	20:55	40	25:04
Finish	-	6:14	-	14	1:03	29	1:13	20.10	1:39:48	-	22	21:58	38	26:11