



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

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Mārtiņš Purenkovs

□□□: 1:40:21

□□: 406

□□: 11.96 km/h

□□□□: 4.99 min/km

□□: 20.10 km

□□□□□/□□□: 45 (of 157)

Sporta distance

□□□□□/□: 40 (of 117)

□□□□□□: 1:13:37

□□□□:

□□□□□: 24(of 55)

V2-Sporta distance

□□□□□□□: 1:17:50

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1	-	11:58	-	30	3:24	57	3:44	-	11:58	-	30	3:24	57	3:44	
2	-	16:36	-	22	3:50	42	4:27	-	28:34	-	27	7:10	49	8:09	
3	-	4:11	-	30	1:11	54	1:19	-	32:45	-	27	8:21	49	9:28	
4	-	11:44	-	23	2:39	42	3:06	-	44:29	-	26	11:00	48	12:32	
5	-	6:45	-	29	1:42	54	1:56	-	51:14	-	26	12:42	48	14:28	
1	-	11:20	-	27	2:52	47	3:30	-	1:02:34	-	29	15:34	50	17:58	
2	-	16:11	-	17	3:00	31	3:51	-	1:18:45	-	26	18:34	43	21:49	
3	-	3:56	-	19	0:50	35	1:00	-	1:22:41	-	26	19:24	43	22:49	
4	-	11:13	-	16	1:51	29	2:35	-	1:33:54	-	24	21:15	41	25:24	
Finish	-	6:27	-	22	1:16	41	1:26	20.10	1:40:21	-	24	22:31	40	26:44	