



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

0000

Ivo Zemturis

000: 1:55:52

00: 425

00: 10.36 km/h

0000: 5.76 min/km

00: 20.10 km

00000/000: 101 (of 157)

Sporta distance

00000/0: 84 (of 117)

000000: 1:13:37

0000:

00000: 43(of 55)

V2-Sporta distance

0000000: 1:17:50

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
1	-	12:29	-	33	3:55	69	4:15	-	12:29	-	33	3:55	69	4:15
2	-	18:01	-	37	5:15	72	5:52	-	30:30	-	35	9:06	69	10:05
3	-	4:31	-	40	1:31	74	1:39	-	35:01	-	36	10:37	72	11:44
4	-	13:09	-	38	4:04	78	4:31	-	48:10	-	35	14:41	71	16:13
5	-	7:25	-	39	2:22	82	2:36	-	55:35	-	35	17:03	72	18:49
1	-	12:55	-	43	4:27	83	5:05	-	1:08:30	-	38	21:30	75	23:54
2	-	20:15	-	46	7:04	89	7:55	-	1:28:45	-	41	28:34	79	31:49
3	-	4:56	-	48	1:50	94	2:00	-	1:33:41	-	41	30:24	79	33:49
4	-	14:22	-	48	5:00	91	5:44	-	1:48:03	-	43	35:24	81	39:33
Finish	-	7:49	-	46	2:38	91	2:48	20.10	1:55:52	-	43	38:02	84	42:15