



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

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Intars Vēberis

□□□: 2:01:04

□□: 422

□□: 9.96 km/h

□□□□: 6.02 min/km

□□: 20.10 km

□□□□□/□□□: 114 (of 157)

Sporta distance

□□□□□/□: 91 (of 117)

□□□□□□: 1:13:37

□□□□:

□□□□□: 47(of 55)

V2-Sporta distance

□□□□□□□: 1:17:50

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □		
1	-	13:44	-	40	5:10	83	5:30	-	13:44	-	40	5:10	83	5:30
2	-	19:47	-	47	7:01	99	7:38	-	33:31	-	44	12:07	90	13:06
3	-	4:52	-	50	1:52	100	2:00	-	38:23	-	44	13:59	90	15:06
4	-	14:09	-	48	5:04	96	5:31	-	52:32	-	45	19:03	89	20:35
5	-	7:36	-	42	2:33	87	2:47	-	1:00:08	-	44	21:36	87	23:22
1	-	13:23	-	45	4:55	86	5:33	-	1:13:31	-	46	26:31	90	28:55
2	-	20:58	-	49	7:47	96	8:38	-	1:34:29	-	46	34:18	90	37:33
3	-	5:02	-	50	1:56	97	2:06	-	1:39:31	-	46	36:14	90	39:39
4	-	13:59	-	45	4:37	87	5:21	-	1:53:30	-	46	40:51	91	45:00
Finish	-	7:34	-	42	2:23	82	2:33	20.10	2:01:04	-	47	43:14	91	47:27