



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

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Mārtiņš Peisenieks

□□□: 2:18:34

□□: 403

□□: 8.70 km/h

□□□□: 6.89 min/km

□□: 20.10 km

Sporta distance

□□□□□/□□□: 141 (of 157)

□□□□□/□: 107 (of 117)

□□□□□□: 1:13:37

□□□□:

V2-Sporta distance

□□□□□: 51(of 55)

□□□□□□□: 1:17:50

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1	-	15:16	-	51	6:42	109	7:02	-	15:16	-	51	6:42	109	7:02
2	-	21:37	-	55	8:51	116	9:28	-	36:53	-	54	15:29	115	16:28
3	-	5:10	-	54	2:10	112	2:18	-	42:03	-	54	17:39	115	18:46
4	-	15:31	-	54	6:26	114	6:53	-	57:34	-	53	24:05	114	25:37
5	-	8:53	-	52	3:50	112	4:04	-	1:06:27	-	53	27:55	113	29:41
1	-	15:35	-	53	7:07	110	7:45	-	1:22:02	-	54	35:02	114	37:26
2	-	24:36	-	54	11:25	113	12:16	-	1:46:38	-	54	46:27	113	49:42
3	-	5:45	-	52	2:39	109	2:49	-	1:52:23	-	54	49:06	113	52:31
4	-	16:51	-	51	7:29	108	8:13	-	2:09:14	-	52	56:35	108	1:00:44
Finish	-	9:20	-	51	4:09	107	4:19	20.10	2:18:34	-	51	1:00:44	107	1:04:57