



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

0000

Arvīds Germovs

000: 1:48:39

00: 435

00: 11.10 km/h

0000: 5.41 min/km

00: 20.10 km

00000/000: 79 (of 157)

Sporta distance

00000/0: 69 (of 117)

0000:

00000: 1:13:37

V3-Sporta distance

000000: 12(of 31)

0000000: 1:33:38

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
1	-	12:24	-	13	2:33	66	4:10	-	12:24	-	13	2:33	66	4:10
2	-	17:57	-	13	2:44	70	5:48	-	30:21	-	13	5:17	67	9:56
3	-	4:39	-	16	0:59	80	1:47	-	35:00	-	15	6:16	71	11:43
4	-	12:53	-	16	2:07	75	4:15	-	47:53	-	15	7:53	70	15:56
5	-	7:08	-	14	0:58	69	2:19	-	55:01	-	14	8:51	69	18:15
1	-	11:36	-	8	1:17	57	3:46	-	1:06:37	-	13	10:08	69	22:01
2	-	18:00	-	12	2:03	64	5:40	-	1:24:37	-	12	12:11	69	27:41
3	-	4:22	-	13	0:40	69	1:26	-	1:28:59	-	12	12:43	69	29:07
4	-	12:32	-	13	1:26	69	3:54	-	1:41:31	-	12	13:59	69	33:01
Finish	-	7:08	-	13	1:03	72	2:07	20.10	1:48:39	-	12	15:01	69	35:02