



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

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Līga Vībure

□□□: 1:57:01

□□: 331

□□: 10.25 km/h

□□□□: 5.82 min/km

□□: 20.10 km

□□□□□/□□□: 104 (of 157)

Sporta distance

□□□□□/□: 19 (of 40)

□□□□□□: 1:33:59

□□□□:

□□□□□: 6(of 17)

S2-Sporta distance

□□□□□□□: 1:33:59

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □		
1	-	12:08	-	4	1:53	14	2:04	-	12:08	-	4	1:53	14	2:04
2	-	18:26	-	4	3:02	15	3:02	-	30:34	-	4	4:51	13	4:54
3	-	4:33	-	5	1:02	16	1:02	-	35:07	-	4	5:53	13	5:53
4	-	13:26	-	6	2:37	20	2:37	-	48:33	-	4	8:30	14	8:30
5	-	7:36	-	6	1:24	20	1:28	-	56:09	-	5	9:54	15	9:54
1	-	12:51	-	6	2:36	19	2:45	-	1:09:00	-	5	12:30	15	12:30
2	-	20:01	-	6	4:07	19	4:07	-	1:29:01	-	6	16:37	17	16:37
3	-	4:56	-	7	1:14	22	1:14	-	1:33:57	-	6	17:51	17	17:51
4	-	14:48	-	9	3:31	24	3:33	-	1:48:45	-	6	21:22	17	21:22
Finish	-	8:16	-	8	1:40	24	2:03	20.10	1:57:01	-	6	23:02	19	23:02