



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

0000

Zane Vanaga

00: VSK Noskrien

00: 329

00: 20.10 km

Sporta distance

0000:

S2-Sporta distance

000: 2:10:09

00: 9.22 km/h

0000: 6.48 min/km

00000/000: 133 (of 157)

00000/0: 28 (of 40)

000000: 1:33:59

00000: 9(of 17)

0000000: 1:33:59

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0000

000

| 000    | 00<br>km | 00<br>00 | 00<br>min/km | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 | 000<br>km | 000<br>00 | 000<br>min/km | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 |
|--------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| 1      | -        | 15:05    | -            | 10      | 4:50    | 30      | 5:01    | -         | 15:05     | -             | 10      | 4:50    | 30      | 5:01    |
| 2      | -        | 21:00    | -            | 9       | 5:36    | 29      | 5:36    | -         | 36:05     | -             | 10      | 10:22   | 30      | 10:25   |
| 3      | -        | 5:10     | -            | 13      | 1:39    | 32      | 1:39    | -         | 41:15     | -             | 10      | 12:01   | 30      | 12:01   |
| 4      | -        | 15:05    | -            | 10      | 4:16    | 31      | 4:16    | -         | 56:20     | -             | 10      | 16:17   | 30      | 16:17   |
| 5      | -        | 8:02     | -            | 8       | 1:50    | 25      | 1:54    | -         | 1:04:22   | -             | 10      | 18:07   | 29      | 18:07   |
| 1      | -        | 14:34    | -            | 10      | 4:19    | 29      | 4:28    | -         | 1:18:56   | -             | 9       | 22:26   | 27      | 22:26   |
| 2      | -        | 22:17    | -            | 11      | 6:23    | 28      | 6:23    | -         | 1:41:13   | -             | 9       | 28:49   | 27      | 28:49   |
| 3      | -        | 5:33     | -            | 13      | 1:51    | 33      | 1:51    | -         | 1:46:46   | -             | 9       | 30:40   | 27      | 30:40   |
| 4      | -        | 15:08    | -            | 10      | 3:51    | 26      | 3:53    | -         | 2:01:54   | -             | 9       | 34:31   | 27      | 34:31   |
| Finish | -        | 8:15     | -            | 7       | 1:39    | 23      | 2:02    | 20.10     | 2:10:09   | -             | 9       | 36:10   | 28      | 36:10   |