



# Race 2 Thüringer Meisterschaft Sprint-OL 2017

Arnstadt / 26.08.2017

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Pöhlmann, Lutz

□□: USV Jena

□□□: 35:27

□□□□: 14:10 min/km

□□: 2.50 km / 20 □□

□□□□:

H45 (Herren 45)

□□□□□: 13(of 14)

□□□□□□: 18:54

□□: 16:33

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (133)	2:10	14	1:54	712.5	2:10	14	1:54	712.5
2 (146)	2:42	14	1:00	58.8	4:52	14	2:49	137.4
3 (152)	0:57	14	0:37	185.0	5:49	14	3:26	144.1
4 (151)	0:38	9	0:17	81.0	6:27	14	3:42	134.6
5 (148)	2:18	14	1:13	112.3	8:45	14	4:55	128.3
6 (147)	1:45	13	1:06	169.2	10:30	14	5:53	127.4
7 (137)	1:24	10	0:25	42.4	11:54	14	6:09	107.0
8 (138)	0:50	13	0:17	51.5	12:44	14	6:22	100.0
9 (139)	1:20	12	0:30	60.0	14:04	14	6:46	92.7
10 (140)	1:18	9	0:22	39.3	15:22	14	7:03	84.8
11 (141)	0:31	10	0:06	24.0	15:53	14	7:09	81.9
12 (162)	3:05	9	1:08	58.1	18:58	14	7:57	72.2
13 (163)	1:11	12	0:31	77.5	20:09	14	8:28	72.5
14 (159)	2:17	13	1:02	82.7	22:26	14	9:15	70.2
15 (161)	1:07	12	0:26	63.4	23:33	14	9:19	65.5
16 (166)	2:01	11	0:43	55.1	25:34	13	10:02	64.6
17 (153)	4:59	14	3:29	232.2	30:33	14	13:31	79.4
18 (150)	3:18	13	2:21	247.4	33:51	13	15:52	88.2
19 (144)	0:23	11	0:12	109.1	34:14	13	16:00	87.8
20 (100)	0:37	4	0:06	19.4	34:51	13	16:06	85.9
□□	0:36	14	0:27	300.0	35:27	13	16:33	87.6