



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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Rennsteiglaufverein/USV Erfurt

□□□: 10:53:15

□□: 243

□□: 15.43 km/h

□□□□: 3:52 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 1 (of 233)

□□□□□□: 10:53:15

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□□□□□: 1(of 150)

Männerstaffel

□□□□□□□: 10:53:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:09:36	3:57	4	2:24	5	2:24	17.60	1:09:36	3:57	4	2:24	5	2:24
Schildwiese	18.58	1:12:58	3:55	6	5:32	10	5:32	36.18	2:22:34	3:56	5	7:38	6	7:38
Neuhaus	13.54	50:32	3:43	1	-	1	-	49.72	3:13:06	3:53	2	2:20	2	2:20
Masserberg	19.86	1:18:32	3:57	4	1:12	4	1:12	69.58	4:31:38	3:54	2	3:32	2	3:32
Allzunah	17.89	1:11:23	3:59	2	0:50	2	0:50	87.47	5:43:01	3:55	2	4:22	2	4:22
Grenzdler	19.96	1:20:02	4:00	8	6:14	13	9:17	107.43	7:03:03	3:56	3	7:45	3	7:45
Neue Ausspanne	13.68	51:06	3:44	4	3:25	4	3:25	121.11	7:54:09	3:54	2	6:24	2	6:24
Kleiner Inselsber	13.90	52:50	3:48	2	0:26	2	0:26	135.01	8:46:59	3:54	2	6:50	2	6:50
Hohe Sonne	18.94	1:11:07	3:45	3	2:50	4	2:50	153.95	9:58:06	3:53	1	-	1	-
Hörschel	15.02	55:09	3:40	4	2:08	4	2:08	168.90	10:53:15	3:52	1	-	1	-