



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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LAC Mix

□□□: 15:57:51

□□: 561

□□: - km/h  
□□□□: 5:40 min/km

Enduro E Bike

□□□□□: 161 (of 233)

□□□□□□: 10:53:15

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□□□□□: 37(of 69)

Mixstaffel

□□□□□□□: 11:51:54

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Grumbach	17.60	1:28:48	5:02	16	19:50	70	21:36	17.60	1:28:48	5:02	16	19:50	233	21:36
Schildwiese	18.58	1:30:29	4:52	24	21:31	85	23:03	36.18	2:59:17	4:57	18	41:21	233	44:21
Neuhaus	13.54	1:22:13	6:04	40	21:04	175	31:41	49.72	4:21:30	5:15	19	47:30	233	1:10:44
Masserberg	19.86	1:57:10	5:53	42	38:21	162	39:50	69.58	6:18:40	5:26	23	1:25:31	233	1:50:34
Allzunah	17.89	1:37:45	5:27	26	23:35	106	27:12	87.47	7:56:25	5:26	23	1:48:32	233	2:17:46
Grenzdler	19.96	2:12:12	6:37	65	1:01:27	225	1:01:27	107.43	10:08:37	5:39	39	2:45:34	232	3:13:19
Neue Ausspanne	13.68	1:24:20	6:09	46	22:43	177	36:39	121.11	11:32:57	5:43	40	3:07:19	232	3:45:12
Kleiner Inselsber	13.90	1:12:42	5:13	15	17:51	76	20:18	135.01	12:45:39	5:40	37	3:17:38	232	4:05:30
Hohe Sonne	18.94	1:58:04	6:14	61	47:06	215	49:47	153.95	14:43:43	5:44	43	3:54:44	228	4:45:37
Hörschel	15.02	1:14:08	4:56	9	14:02	67	21:07	-	15:57:51	-	37	4:05:57	161	5:04:36