



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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Adventslaufteam Eula

□□□: 15:14:04

□□: 211

□□: 11.03 km/h

□□□□: 5:25 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 101 (of 233)

□□□□□□: 10:53:15

□□□□:

□□□□□: 79(of 150)

Männerstaffel

□□□□□□□: 10:53:15

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| □□□               | □□    | □□      | □□     | □□  | □□    | □□  | □□    | □□□    | □□□      | □□□    | □□  | □□      | □□  | □□      |
|-------------------|-------|---------|--------|-----|-------|-----|-------|--------|----------|--------|-----|---------|-----|---------|
|                   | km    | □□      | min/km | -   | -     | □□□ | □□□   | km     | □□       | min/km | -   | -       | □□□ | □□□     |
| Grumbach          | 17.60 | 1:40:57 | 5:44   | 123 | 33:45 | 168 | 33:45 | 17.60  | 1:40:57  | 5:44   | 123 | 33:45   | 168 | 33:45   |
| Schildwiese       | 18.58 | 1:38:00 | 5:16   | 100 | 30:34 | 149 | 30:34 | 36.18  | 3:18:57  | 5:29   | 112 | 1:04:01 | 157 | 1:04:01 |
| Neuhaus           | 13.54 | 1:08:48 | 5:04   | 47  | 18:16 | 54  | 18:16 | 49.72  | 4:27:45  | 5:23   | 96  | 1:16:59 | 123 | 1:16:59 |
| Masserberg        | 19.86 | 1:30:03 | 4:32   | 13  | 12:43 | 23  | 12:43 | 69.58  | 5:57:48  | 5:08   | 55  | 1:29:42 | 71  | 1:29:42 |
| Allzunah          | 17.89 | 1:42:46 | 5:44   | 100 | 32:13 | 143 | 32:13 | 87.47  | 7:40:34  | 5:15   | 61  | 2:01:55 | 79  | 2:01:55 |
| Grenzdler         | 19.96 | 1:43:49 | 5:12   | 92  | 30:01 | 136 | 33:04 | 107.43 | 9:24:23  | 5:15   | 67  | 2:29:05 | 89  | 2:29:05 |
| Neue Ausspanne    | 13.68 | 1:18:45 | 5:45   | 94  | 31:04 | 132 | 31:04 | 121.11 | 10:43:08 | 5:18   | 70  | 2:55:23 | 92  | 2:55:23 |
| Kleiner Inselsber | 13.90 | 1:28:45 | 6:23   | 137 | 36:21 | 197 | 36:21 | 135.01 | 12:11:53 | 5:25   | 84  | 3:31:44 | 105 | 3:31:44 |
| Hohe Sonne        | 18.94 | 1:40:19 | 5:17   | 93  | 32:02 | 130 | 32:02 | 153.95 | 13:52:12 | 5:24   | 78  | 3:54:06 | 101 | 3:54:06 |
| Hörschel          | 15.02 | 1:21:52 | 5:27   | 88  | 28:51 | 116 | 28:51 | 168.90 | 15:14:04 | 5:24   | 79  | 4:20:49 | 101 | 4:20:49 |