



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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Wartburg-Sparkasse

□□□: 15:24:46

□□: 556

□□: 10.90 km/h
□□□□: 5:29 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 114 (of 233)

□□□□□□: 10:53:15

□□□□:

□□□□□: 88(of 150)

Männerstaffel

□□□□□□□: 10:53:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:36:34	5:29	105	29:22	143	29:22	17.60	1:36:34	5:29	105	29:22	143	29:22
Schildwiese	18.58	1:32:03	4:57	70	24:37	101	24:37	36.18	3:08:37	5:12	88	53:41	119	53:41
Neuhaus	13.54	1:13:44	5:26	76	23:12	95	23:12	49.72	4:22:21	5:16	78	1:11:35	99	1:11:35
Masserberg	19.86	1:52:33	5:40	98	35:13	137	35:13	69.58	6:14:54	5:23	81	1:46:48	103	1:46:48
Allzunah	17.89	1:35:16	5:19	65	24:43	89	24:43	87.47	7:50:10	5:22	71	2:11:31	93	2:11:31
Grenzdler	19.96	1:37:59	4:54	65	24:11	95	27:14	107.43	9:28:09	5:17	70	2:32:51	92	2:32:51
Neue Ausspanne	13.68	1:13:19	5:21	74	25:38	93	25:38	121.11	10:41:28	5:17	65	2:53:43	86	2:53:43
Kleiner Inselsber	13.90	1:14:37	5:22	68	22:13	93	22:13	135.01	11:56:05	5:18	64	3:15:56	83	3:15:56
Hohe Sonne	18.94	1:58:00	6:13	141	49:43	214	49:43	153.95	13:54:05	5:25	81	3:55:59	104	3:55:59
Hörschel	15.02	1:30:41	6:02	126	37:40	182	37:40	168.90	15:24:46	5:28	88	4:31:31	114	4:31:31