



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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LG Frauenwald

□□□: 15:15:29

□□: 126

□□: - km/h  
□□□□: 5:25 min/km

Enduro E Bike

□□□□□: 103 (of 233)

□□□□□□: 10:53:15

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□□□□□: 80(of 150)

Männerstaffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.60	1:43:59	5:54	135	36:47	186	36:47	17.60	1:43:59	5:54	135	36:47	186	36:47
Schildwiese	18.58	1:32:48	4:59	73	25:22	106	25:22	36.18	3:16:47	5:26	106	1:01:51	148	1:01:51
Neuhaus	13.54	1:16:31	5:39	97	25:59	119	25:59	49.72	4:33:18	5:29	111	1:22:32	146	1:22:32
Masserberg	19.86	2:00:19	6:03	124	42:59	180	42:59	69.58	6:33:37	5:39	116	2:05:31	156	2:05:31
Allzunah	17.89	1:34:02	5:15	57	23:29	79	23:29	87.47	8:07:39	5:34	105	2:29:00	138	2:29:00
Grenzdler	19.96	1:44:29	5:14	97	30:41	143	33:44	107.43	9:52:08	5:30	100	2:56:50	130	2:56:50
Neue Ausspanne	13.68	55:57	4:05	11	8:16	11	8:16	121.11	10:48:05	5:21	78	3:00:20	100	3:00:20
Kleiner Inselsber	13.90	1:33:53	6:45	144	41:29	214	41:29	135.01	12:21:58	5:29	92	3:41:49	116	3:41:49
Hohe Sonne	18.94	1:32:34	4:53	41	24:17	61	24:17	153.95	13:54:32	5:25	82	3:56:26	105	3:56:26
Hörschel	15.02	1:20:57	5:23	81	27:56	107	27:56	-	15:15:29	-	80	4:22:14	103	4:22:14