



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

0000

Zeitlupe Jena

000: 12:20:12

00: 231

00: 13.62 km/h

0000: 4:23 min/km

00: 168.90 km

Blankenstein-Hörschel

00000: 12 (of 233)

000000: 10:53:15

0000:

00000: 10(of 150)

Männerstaffel

0000000: 10:53:15

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Grumbach	17.60	1:14:34	4:14	10	7:22	12	7:22	17.60	1:14:34	4:14	10	7:22	12	7:22
Schildwiese	18.58	1:33:59	5:03	77	26:33	112	26:33	36.18	2:48:33	4:39	28	33:37	37	33:37
Neuhaus	13.54	1:00:07	4:26	12	9:35	12	9:35	49.72	3:48:40	4:35	18	37:54	22	37:54
Masserberg	19.86	1:27:37	4:24	11	10:17	18	10:17	69.58	5:16:17	4:32	13	48:11	17	48:11
Allzunah	17.89	1:23:55	4:41	17	13:22	24	13:22	87.47	6:40:12	4:34	11	1:01:33	16	1:01:33
Grenzadler	19.96	1:24:59	4:15	19	11:11	29	14:14	107.43	8:05:11	4:30	11	1:09:53	16	1:09:53
Neue Ausspanne	13.68	54:52	4:00	8	7:11	8	7:11	121.11	9:00:03	4:27	10	1:12:18	15	1:12:18
Kleiner Inselsber	13.90	57:23	4:07	8	4:59	10	4:59	135.01	9:57:26	4:25	10	1:17:17	13	1:17:17
Hohe Sonne	18.94	1:24:37	4:28	13	16:20	23	16:20	153.95	11:22:03	4:25	11	1:23:57	15	1:23:57
Hörschel	15.02	58:09	3:52	6	5:08	6	5:08	168.90	12:20:12	4:22	10	1:26:57	12	1:26:57