



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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Narrenstaffel I

□□□: 15:41:49

□□: 134

□□: 10.70 km/h

□□□□: 5:35 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 139 (of 233)

□□□□□□: 10:53:15

□□□□:

□□□□□: 106(of 150)

Männerstaffel

□□□□□□□: 10:53:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:31:43	5:12	78	24:31	105	24:31	17.60	1:31:43	5:12	78	24:31	105	24:31
Schildwiese	18.58	1:52:13	6:02	139	44:47	210	44:47	36.18	3:23:56	5:38	125	1:09:00	171	1:09:00
Neuhaus	13.54	1:04:00	4:43	25	13:28	26	13:28	49.72	4:27:56	5:23	98	1:17:10	125	1:17:10
Masserberg	19.86	2:03:27	6:12	129	46:07	188	46:07	69.58	6:31:23	5:37	111	2:03:17	147	2:03:17
Allzunah	17.89	1:33:54	5:14	56	23:21	78	23:21	87.47	8:05:17	5:32	99	2:26:38	130	2:26:38
Grenzdler	19.96	1:52:22	5:37	123	38:34	177	41:37	107.43	9:57:39	5:33	106	3:02:21	142	3:02:21
Neue Ausspanne	13.68	1:21:38	5:58	110	33:57	158	33:57	121.11	11:19:17	5:36	108	3:31:32	146	3:31:32
Kleiner Inselsber	13.90	1:17:25	5:34	90	25:01	120	25:01	135.01	12:36:42	5:36	105	3:56:33	139	3:56:33
Hohe Sonne	18.94	1:40:11	5:17	92	31:54	129	31:54	153.95	14:16:53	5:33	105	4:18:47	139	4:18:47
Hörschel	15.02	1:24:56	5:39	107	31:55	143	31:55	168.90	15:41:49	5:34	106	4:48:34	139	4:48:34