



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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Breuni Sport 2

□□□: 16:50:16

□□: 545

□□: 9.98 km/h

□□□□: 5:59 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 203 (of 233)

□□□□□□: 10:53:15

□□□□:

□□□□□: 55(of 69)

Mixstaffel

□□□□□□□: 11:51:54

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Grumbach	17.60	2:06:50	7:12	63	57:52	227	59:38	17.60	2:06:50	7:12	63	57:52	233	59:38
Schildwiese	18.58	1:31:28	4:55	30	22:30	100	24:02	36.18	3:38:18	6:02	59	1:20:22	233	1:23:22
Neuhaus	13.54	1:24:37	6:14	44	23:28	188	34:05	49.72	5:02:55	6:05	58	1:28:55	233	1:52:09
Masserberg	19.86	2:07:38	6:25	57	48:49	201	50:18	69.58	7:10:33	6:11	60	2:17:24	233	2:42:27
Allzunah	17.89	1:49:37	6:07	52	35:27	179	39:04	87.47	9:00:10	6:10	59	2:52:17	233	3:21:31
Grenzdler	19.96	1:53:23	5:40	51	42:38	182	42:38	107.43	10:53:33	6:05	62	3:30:30	232	3:58:15
Neue Ausspanne	13.68	1:33:15	6:48	64	31:38	219	45:34	121.11	12:26:48	6:09	63	4:01:10	232	4:39:03
Kleiner Inselsber	13.90	1:14:56	5:23	21	20:05	100	22:32	135.01	13:41:44	6:05	59	4:13:43	232	5:01:35
Hohe Sonne	18.94	1:31:27	4:49	16	20:29	57	23:10	153.95	15:13:11	5:55	54	4:24:12	228	5:15:05
Hörschel	15.02	1:37:05	6:27	60	36:59	209	44:04	168.90	16:50:16	5:58	55	4:58:22	203	5:57:01