



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

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Killerbienen & Friends

□□□: 17:13:02

□□: 14

□□: 9.76 km/h

□□□□: 6:07 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 218 (of 233)

□□□□□□: 10:53:15

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□□□□□: 10(of 14)

Frauenstaffel

□□□□□□□: 13:15:22

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.60	1:58:08	6:42	14	30:59	223	50:56	17.60	1:58:08	6:42	14	30:59	233	50:56
Schildwiese	18.58	1:57:45	6:20	12	28:24	222	50:19	36.18	3:55:53	6:31	13	53:40	233	1:40:57
Neuhaus	13.54	1:21:21	6:00	4	15:09	170	30:49	49.72	5:17:14	6:22	12	1:08:49	233	2:06:28
Masserberg	19.86	2:03:18	6:12	9	33:17	187	45:58	69.58	7:20:32	6:19	11	1:40:31	233	2:52:26
Allzunah	17.89	1:40:13	5:36	5	18:30	119	29:40	87.47	9:00:45	6:10	9	1:58:36	233	3:22:06
Grenzdler	19.96	2:07:49	6:24	13	39:41	219	57:04	107.43	11:08:34	6:13	10	2:38:17	232	4:13:16
Neue Ausspanne	13.68	1:21:02	5:55	8	17:54	151	33:21	121.11	12:29:36	6:11	8	2:56:11	232	4:41:51
Kleiner Inselsber	13.90	1:29:52	6:27	12	29:04	203	37:28	135.01	13:59:28	6:13	11	3:17:04	232	5:19:19
Hohe Sonne	18.94	1:47:57	5:41	10	23:33	171	39:40	153.95	15:47:25	6:09	11	3:40:37	228	5:49:19
Hörschel	15.02	1:25:37	5:42	5	22:21	146	32:36	168.90	17:13:02	6:06	10	3:57:40	218	6:19:47