



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

□□□□

Didaktische Reserve Erfurt

□□□: 17:02:03

□□: 203

□□: 9.86 km/h

□□□□: 6:03 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 209 (of 233)

□□□□□□: 10:53:15

□□□□:

□□□□□: 145(of 150)

Männerstaffel

□□□□□□□: 10:53:15

□□□□

□□□□

□□□

| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|-------------------|-------|---------|--------|-----|---------|-----|---------|--------|----------|--------|-----|---------|-----|---------|
| | km | □□ | min/km | - | - | □□□ | □□□ | km | □□ | min/km | - | - | □□□ | □□□ |
| Grumbach | 17.60 | 1:52:55 | 6:24 | 146 | 45:43 | 215 | 45:43 | 17.60 | 1:52:55 | 6:24 | 146 | 45:43 | 215 | 45:43 |
| Schildwiese | 18.58 | 1:42:52 | 5:32 | 120 | 35:26 | 177 | 35:26 | 36.18 | 3:35:47 | 5:57 | 147 | 1:20:51 | 210 | 1:20:51 |
| Neuhaus | 13.54 | 1:17:01 | 5:41 | 102 | 26:29 | 126 | 26:29 | 49.72 | 4:52:48 | 5:53 | 140 | 1:42:02 | 195 | 1:42:02 |
| Masserberg | 19.86 | 2:17:34 | 6:55 | 146 | 1:00:14 | 223 | 1:00:14 | 69.58 | 7:10:22 | 6:11 | 147 | 2:42:16 | 215 | 2:42:16 |
| Allzunah | 17.89 | 1:34:15 | 5:16 | 59 | 23:42 | 82 | 23:42 | 87.47 | 8:44:37 | 5:59 | 141 | 3:05:58 | 200 | 3:05:58 |
| Grenzdler | 19.96 | 2:07:54 | 6:24 | 144 | 54:06 | 220 | 57:09 | 107.43 | 10:52:31 | 6:04 | 146 | 3:57:13 | 212 | 3:57:13 |
| Neue Ausspanne | 13.68 | 1:24:56 | 6:12 | 123 | 37:15 | 182 | 37:15 | 121.11 | 12:17:27 | 6:05 | 145 | 4:29:42 | 212 | 4:29:42 |
| Kleiner Inselsber | 13.90 | 1:31:28 | 6:34 | 143 | 39:04 | 209 | 39:04 | 135.01 | 13:48:55 | 6:08 | 147 | 5:08:46 | 214 | 5:08:46 |
| Hohe Sonne | 18.94 | 1:36:43 | 5:06 | 69 | 28:26 | 97 | 28:26 | 153.95 | 15:25:38 | 6:00 | 142 | 5:27:32 | 205 | 5:27:32 |
| Hörschel | 15.02 | 1:36:25 | 6:25 | 134 | 43:24 | 201 | 43:24 | 168.90 | 17:02:03 | 6:03 | 145 | 6:08:48 | 209 | 6:08:48 |